

## Chittaranjan Locomotive Works

### Press Release

#### CLW Observes 11th International Day of Yoga

Chittaranjan, 21.06.2025: Chittaranjan Locomotive Works (CLW) and its units at Dankuni and Howrah observed the 11th International Day of Yoga on 21st June 2025 under the theme "Yoga for One Earth, One Health". Various yoga camps were organized across CLW premises where officers and staff actively participated in yoga sessions following the Common Yoga Protocol (CYP).

The main event, held at Chittaranjan Club, was conducted, wherein Shri Vijay Kumar, General Manager/CLW, and Smt. Kiran Badhan, President, CLW Women's Welfare Organisation, Principal Heads of various department with family members, members of CLWWO joined through live streaming with the national level programme organised at Visakhapatnam.

Organised by the Personnel Department/CLW, Shri Ranjan Mohanty, CPO along with Principal Heads of various department with family members, members of CLWWO actively participated in the Yoga sessions. under the guidance of Yoga Guru, Shri Yogendra Singh.

Yoga sessions were also conducted at the Works Office, Health Centre, Factory Loco, and other units.

The programs aimed to spread awareness about the health benefits of yoga and witnessed enthusiastic participation from railway employees, their families, and members of the CLW Women's Welfare Organisation. Yoga experts led the sessions and guided participants in various asanas and breathing techniques.